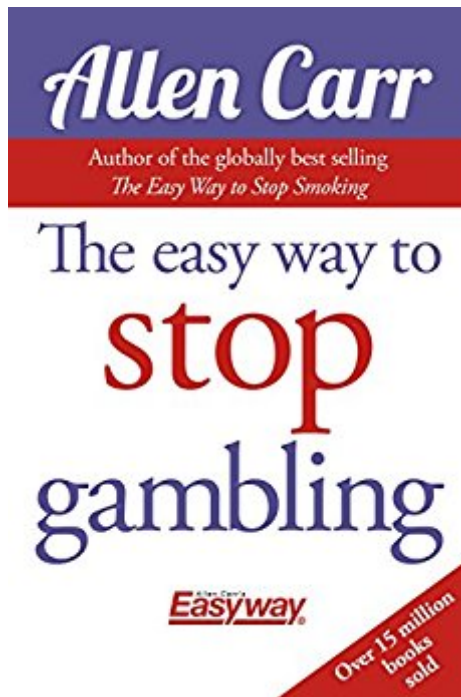


The book was found

The Easy Way To Stop Gambling: Take Control Of Your Life



Synopsis

Allen Carr's Easy Way has helped over 14 million people to date and counting! His revolutionary approach to the problem of addiction allows addicts to take back control of their lives. Here in this brand new book the renowned Easy Way method is applied to the subject of gambling. Most gamblers are convinced that it's almost impossible to stop gambling and free themselves from debt; they also feel unable to solve the widespread problems gambling causes. The wonderful news is that this book shows you how to stop immediately, painlessly and permanently. This book understands gamblers and how they think and, without being judgemental or patronising, takes them step-by-step through the process of how to free themselves of the gambling addiction. It demonstrates how gamblers fall into the trap of gambling, the psychology behind being addicted to risk and how to quit gambling once and for all.

Book Information

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Customer Reviews

I won't try to summarize the book here, but I will say, this book really clicked for me, and I am a non-gambler now! I have tried other methods, and failed miserably to defeat my gambling addiction. This book really dissects the myths of gambling, and it is not using will power. It is a method of

analyzing and breaking down the condition, explaining the illusion and tricks that gambling has played on your brain. Now that I read the book, it all seems so simple and clear. I will re-read this book periodically as a refresher. I can say with great satisfaction and thanks to the author, that I am a changed man, and I am quite certain that I will never gamble again in my life. I could not be happier!

This book honestly saved my life and my bank account and it's the only book you will ever need! Thank GOD for Allen Carr and the tips in this book! I HIGHLY recommend it. Trust me... Buy this book because your bank account will thank me later! Allen Carr opens your mind and helps free you from the chains of your addiction. If you want to quit, you will; however you must keep an open mind and use the tips in this book. It couldn't have been any easier and I wish I would have read this book 10 years ago!

I can't believe it worked. I read it and have not gambled for 2 months. I read book every so often to help me be a non gambled. Recommend this book.

Best one ever, give it a try, you will be surprised.

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